

BAR HILL NEWS

November 2014; Issue 553

– UPCOMING EVENTS –

BAR HILL COMMUNITY MARKET

Saturday 1st November

Christmas Market – Saturday 6th December

10.30am – 2pm

In the Octagon CB23 8EH

– Entry is Free –

Come and support your local community.
A variety of handmade crafts, jams, fruit, vegetables,
cards and beauty products.

We raise funds for community projects.

Refreshments Available

Soup and bread from 12noon

BBQ (weather permitting)

If you would like to be part of the market, please
contact either Karen Austen 01954 781085 or
Sue Gadsby 01954 200875.



CHRISTMAS CRAFTS

Saturday 22nd November 10.30am–4.00pm

With Christmas Ploughman's lunch 1–2pm

in The Octagon

A choice of craft activities will be available in the morning
(11am–1pm) and afternoon (2–4pm) and you may choose
to come to one or both.

Some activities will need pre-booking and each activity
will be priced modestly to cover the cost of materials.

Suitable for everyone from Year 6 upwards.

Drinks and biscuits: 50p; Pre booked lunch: £2

Please contact Karen Austen on 01954 781085, or

Wendy Caton on 01954 782041, by

Saturday 15th November to book your place and
lunch – numbers will be limited.



CHRISTMAS FAYRE – OVER DAY CENTRE

from 2pm, Friday 12th December at Over Day Centre.

Stalls include: Christmas items, jewellery, wooden items,
cake stall, tombola and Grand Raffle Draw.



Come and join us for a cuppa!

The Over Day Centre, 1 Drings Close, Over CB24 5NZ.

KNIT AND NATTER CHRISTMAS COFFEE MORNING

Saturday 13th December 10.00 – 12.00

in the Octagon

Cakes, Christmas cakes, bric-a-brac and
handmade items for sale.

Profits raised will provide the postage to send our shoe
boxes to Eastern Europe for "Operation Christmas Child"

Do come for coffee, cake and a chat.

We would love to see you. Thanks, Sue Kenchington.



– UPCOMING EVENTS –

JUMBLE SALE & MINI AUCTION

Saturday 1st November at Bar Hill Village Hall is

CANCELLED till February or March.

Donations of unwanted items would still be appreciated;
we can pick up large and small pieces.

We can auction your more precious items,
and will keep 25% for the Village Hall fund.

Please contact Pete & Jackie on 01954 781895, or
e-mail bumblecut@btinternet.com.

CAMBRIDGE CONCERT ORCHESTRA...

...will be holding a WW1 themed concert in

Bar Hill Church on Saturday 15th November
from 7.30pm.

Any money raised will be split between the Church
and the Royal British Legion.

Tickets: £8 for Adults; £6 for Seniors and Under 16's, are
available by contacting Karen on 01954 781085.

BAR HILL CONSERVATIVES will be holding their

Pre-Christmas Lunch at Dry Drayton Village Hall on
29th November at 12.30. Tickets, £12.50, will be available
via Roger Hall (780304), John Reynolds (200571) or
Bunty Waters (201421).

It is hoped that Heidi Allen, recently selected Prospective
Conservative Candidate for South Cambridgeshire
will be the guest speaker.

BAR HILL INTERNATIONAL LADIES GROUP

Next meeting – Friday 5th December at 7.30pm

We will be bringing food to share!

Please contact me for details of venue: Sarah Adams,
sadams@chesterton.cambs.sch.uk.

– JOB VACANCY –

In the light of recent changes of financial arrangements,
it has been decided that the post of Parish Clerk will
be an Administrative PC.

– Administrative Parish Clerk –

Bar Hill Parish Council

16 hours per week, hours 9.00am–1.00pm,
with an additional 6–8 hours per month
to cover evening meetings.

Applicants must be responsible, highly organised,
computer literate, and have the ability to work
independently and on their own initiative. You will be
expected to attend training courses/seminars.

Closing date: 10th November 2014

For further details contact the Chairman, Bunty Waters:
bunty.waters@ntlworld.com; Tel: 07734 690580.

deadline for next issue: 15th November to bhnetor@yahoo.com, or see page 2 for other contact details

BAR HILL RESIDENTS' ASSOCIATION

2014-15 COMMITTEE:

Chairman:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01223 655620	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Also	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, [a Word file is best, please] or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: 01954 780442

www.mhmaple.co.uk

Surgery Opening times:

Monday, Wednesday, Thursday	7.00am*–6.00pm
Tuesday, Friday	8.30am – 6.30pm
(* appointments available from 7.30am)	
Midwife Thursday	2.00pm – 4.00pm
Physiotherapist Tuesday	1.00pm – 4.30pm
Podiatrist Wed. & Friday	8.45am – 12 noon
	and 1.00pm – 4.00pm
Orthoptist 2nd Tues. of month	9.00am – 12.30pm
CAMTAD 4th Tues. of month	9.30am – 11.30am

Phone lines open from 7am – 6.30pm, Mon. – Friday.
(emergency on the day appointments bookable by phone from 8.30am only)

Out of Hours Emergencies – call 111

(Cambridgeshire and Peterborough 111 Service)

Health Visitors: (based at Longstanton Surgery):
01954 207612

Well Child Clinics: 3rd Tuesday of the month
1.00pm – 2.30pm at the Children's Centre, Bar Hill
(next to Primary School).

USEFUL TELEPHONE NUMBERS

- Church Office 206120 • Conservative Party (Iris Lay) 205265 • Happy Hours (Helen Collins) 782203 •
- Liberal Democrat Party (Andy Pellew) 07814 871752 • Library (renewals and enquiries) 0345 0455225 •
- Neighbourhood Watch 201001 • Parish Council (Leigh Baffa) 780456 • Police non emergency 101 •
- Post Office 789285 • Pre-School 782892 • Samaritans 01223 364455 • School 273305 • Social Club 781881 •
- Swavesey Village College 230366 •

STORYTIME AT BAR HILL LIBRARY

The Storytime Dinosaur is on display in the children's area of the Library. Come and see what we made together one Saturday morning.

Stories and pictures, rhymes, songs and craft activities are on offer from 10.30 a.m. in the Library on the second and fourth Saturdays in November.

Storytime welcomes children of pre-school age and their older brothers and sisters who are accompanied by an adult to at least half an hour of book-based enjoyment twice every month.

The Library and Information Service offers this free event to open up the treasure that books present to tomorrow's adult readers. There is no need to book; just come along.

ART GROUP

If you would like to try painting, even if you think you can't, we will give you a warm welcome.

Bar Hill Church Art Group meets on Wednesday afternoons throughout the year from 1.30-4pm in the Church. Our meetings are very informal with occasional visiting tutors.

Why not come along and give it a try? You can borrow equipment until you find out what you need, and other members are always ready help. Contact Jan Hewins on 01954 201495 for more information.

...did you know...

...a pregnant goldfish is called a twit?

HAIR2U

Professional Mobile Hairdressing covering Bar Hill and surrounding areas.
Call Caroline: 07843 238718



MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone Paul Noble on 01954 780477.



The Elizabeth Coteman Fund
PANCREATIC CANCER SUPPORT & RESEARCH

FAMILY QUIZ NITE

at BAR HILL SPORTS & SOCIAL CLUB,
The Village Hall, The Spinney, Bar Hill Cambridge
CB23 8SU

Saturday 8th November 2014

Come and support fundraising for, and awareness of,
pancreatic cancer

Tickets only £12 per person, including hot buffet supper
from 6.30-7.30pm; Quiz starts at 7.45pm

Cash Bar; Raffle

To book your tickets please email info@ecfund.org
(please state any dietary requirements)

Payment can be made on the night or sent to
The Elizabeth Coteman Fund, 27 Thornton Court,
Girton CB3 0NS (cheques payable to
The Elizabeth Coteman Fund)

The Elizabeth Coteman Fund is managed by Cambridgeshire
Community Foundation - Registered Charity No 1103314

HAPPY HOURS - NEWSLETTER

We had a raffle this month which raised £35 for Arthur Rank Hospice.

Some of our members attended and enjoyed the Harvest Service held on the 16th September.

We have been asking members to check with their Utility Companies whether they are on the lowest rates. Companies do not tell you, but it's worth a phone call as it's sometimes possible to get low user rates.

Our competitions are nearly finished ready for our AGM on 3rd November, and members have been enjoying playing the new games donated by Tesco. We also finished the month with a cream tea and quiz donated by Tesco in their new Community Room.

With many thanks to Julie for organising this on our behalf.

Age UK Befriending Scheme call 0800 169 2939 or Silverline 0800 470 8090.

Helen Collins
01954 782203

ARCHAEOLOGY JOURNALS

Over a hundred journals that will appeal to those interested in archaeology are available free of charge to anyone who would like them.

Most are in the series 'Current Archaeology', and give an insight into recent excavations and discoveries.

There are other specialist titles available too, particularly in landscape archaeology.

If interested, ring 01954 780745.

- NWR -

CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you 'd be very welcome.

6th November: School's Out for Summer - how was school for you? Tell us about a teacher, uniform, how different was discipline etc. Venue: Marie-Thé's.

13th November: Treasure Trail - members only.
Venue: Di's

20th November: World War One - research the role of women during WWI, share a favourite poem, book, film or painting, or any poignant works of WWI
Venue: Heather's

4th December: Sweet 16!!! - What was happening in the world when you were 16? What were you doing, were you interested in politics, global issues, or were you carefree and not interested in world affairs? Venue: Kaye's
The Bar Hill NWR group meets informally on alternate Thursday evenings; we pay just £1.00 per meeting to cover costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-Thé Last on 01954 780329 or Geraldine Martenz on 01954 203458. NWR can also be found at www.nwr.org.uk. Why not have a look!

...letters...letters...letters...letters...letters...letters...letters...letters...letters...

Dear Editor

Our Parish Clerk has resigned. She has done the job for 14 years and was much more than a Parish Clerk: ladies went to see her every week just to talk because they had not spoken to a single person for days; gentlemen also went to see her just to get a smile to make them feel better. She got help for lots of pensioners: care and people going in to see how they managed. People went in with everyday problems and she sorted them out.

She will be a hard act to follow.

It was with a lot of soul searching and some heartache that she came to the decision to leave the job she loved, and which she thought she would have till she retired. It was simple – she loved Bar Hill and its people.

Leigh will be missed by a lot of people in Bar Hill – and she will miss you just as much. A big thank you for all you have done to make the village a better place.

THANK YOU LEIGH.

Jean Burrage

Dear Editor

I would like to ask Bar Hill residents if they can answer my local wildlife questions:

1. I have seen a few owls around the village over the years, but what sort are they or at least what would be the most common for me to have seen?
2. I have also seen many bats flying about at dusk but what sort of bats are they? Where is their roost most likely to be located? How many would be typical in the colony?

If you can answer any of these questions, or know of someone who can, please email me at krystie_driver@hotmail.co.uk.

Thanks

Krystie Driver, Watermead

Dear Editor

On investigating a loud bang, we discovered a sparrow hawk had hit our window. The Wildlife Trust recommended that we place the wounded bird in a box; they have found that keeping birds in the dark and out of the draught was sometimes successful. Unfortunately the poor creature died fairly quickly.

We think it possible the hawk spotted, and tried to kill, one of the stick-on bird profiles which are supposed to deter birds from flying into the glass. This is of obvious concern – the outlines could prove a hazard rather than a help to wildlife.

Keith Morris

– S DYE –

For all your Painting & Decorating needs.
Please call today on 07806 629972 or 01954 230484.

Dear Editor

The fundraising towards the Community Picnic Bench, planned for outside the Library, got off to a flying start on 12th October with "Strolling on a Sunday Afternoon". The weather was very kind to the 60 or so walkers as they set off. There were mums & dads, babies in slings, toddlers, teenagers, right up to fit senior folk who kept up the pace.

They strolled out to Dry Drayton, around the village before returning to the Library via The Drift. Welcome hot and cold drinks and cookies were shared on their return. It was lovely to see the rosy smiling faces!. Thank you to everyone who supported us and helped us raise the grand sum of £250. Thanks also to Tesco and others for providing refreshments, and to the helpers who gave up their time before and on the day. We are now well on the way to our target.

Our next fundraising will be on Saturday 1st Nov. when we will be serving soup at the Community Market. This will be followed by a Jazz Dance on 17th January with Rosie Val and the Cambridge Jazz Co, in Bar Hill Church. We look forward to seeing you at either of these events. For further details or to donate please contact

Sue Kenchington 01954 789670 or

Josephine Powell 01954 202620.

Dear Editor

Huge thanks to Bar Hill Colts for their very generous donation of £57.50.

The money will be used to help the work that Bar Hill Church does among the children of our village.

Rev. Charles Mather

CANCER RESEARCH UK FUNDRAISING

I am having a gift stall to raise money for Cancer Research UK at the Community Market on Saturday 1st November and 6th December. Please come and support the cause.

Thank you

Sarah Adams, sadams@chesterton.cambs.sch.uk.

BICYCLE REPAIRS & SERVICING

Collection & Return Service. 07914 655086

FATHER CHRISTMAS WANTED AT DOBBIES

Bring some *magic* to our customers this Christmas in a highly rewarding role! Seasonal position from November throughout December.

If you are interested, please ask to speak to the General Manager, e-mail: chrisswales@dobbies.com; or tel: 01954 785452.

**LOVE CHRISTMAS SHOPPING BUT
HATE WRAPPING GIFTS?**

Let me wrap them for you. Minimal charge – any profit to Macmillan. I have acres of paper and miles of ribbon, but happy to use yours.

Tel: Jan – 07946 165894



BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk

Tel: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between 10am and 12 noon Monday to Thursday, and **BY APPOINTMENT ONLY** on Fridays.

Village Responsibilities

Just a reminder to all residents of who is responsible

Village Responsibilities

A reminder to residents of who is responsible and for what: all village roads, footpaths and street lighting is the responsibility of the County Council; bin collections and rubbish-related problems are the responsibility of South Cambridgeshire District Council. Trees and hedges may be the responsibility of the Parish Council, depending on where they are. If a tree or hedge is coming from someone's garden then the Parish Council can only write to the resident asking them to cut it back.

Village Footpaths

The Parish Council would like to clear up any confusion about the village footpaths. When the village was originally developed the footpaths were "multi-use", meaning cyclists could use the paths as well as pedestrians. However, I would like to ask cyclists to kindly respect pedestrians, as there have been a couple of incidents where cyclists have been travelling too fast and have either knocked over a walker or nearly run down a child. Please be considerate, especially at night, and please fit lights and a bell so pedestrians can see and hear you.

Public Bin Collections

Residents may be aware that we have experienced problems with South Cambridgeshire District Council (SCDC) emptying the public bins, bus shelter bins and dog bins over the last few months. Over the summer they had difficulty with staffing due to holidays and illness. Our twice weekly collections became once weekly and over the past few weeks the day of collection has changed. We have been in constant contact with SCDC and are hopeful that the problem will be rectified. Until then our handyman and Bunty Waters have been keeping the bins from overflowing.

Parish Council Meetings

The next meeting will be on Thursday 20th November at 7pm in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across.

Handy Telephone Numbers

Streetlights: 0800 253529 – give the number that is written on lamppost. South Cambs District Council: 03450 450500. County Council (damaged paths and roads): 01223 717111.

BAR HILL HEALTH WALKS

Free every Wednesday morning

Meet at Maple Surgery, Hanover Close,

Bar Hill CB23 8EH

at 10:30 am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels, Co-ordinator, T: 07917 874402; E: danielsoohn@btinternet.com; or Josephine Powell, Co-ordinator, T: 07901 558108; E: jopowell45@hotmail.com.

BAR HILL VILLAGE WEBSITE

The Bar Hill Village web site has been reactivated after a period of inactivity. The site will be a place where important and interesting information will be posted whenever it becomes available. The front page will have the latest information and, where appropriate, will link to fuller information about a subject.

If anyone has information, pictures of village events or anything else that would be of interest to the residents of Bar Hill, I will be happy to get it onto the website without delay.

Recent updates include:-

- Pictures and information about the recent flooding.
- Information regarding the improvements to the balancing lake in the wildlife area.
- The local organisations page has been updated.
- The Parish Council page now has the latest meeting minutes posted.
- The Residents' Association will also have their meeting minutes posted.
- Copies of the Bar Hill News for the last two years are now online.
- A new page for recommended local tradesmen has been added.
- The local events page is as up to date as possible, but input is needed from events organisers.
- Updated links to local sites.

The website can be found at www.barhill.org.uk. Any comments, ideas or items for inclusion should be sent to the webmaster, who can be contacted via links on the website, or by email to barhill@machineconcepts.co.uk.

FAMILY HISTORY RESEARCH

Caroline Norton, Cambridgeshire Family History Society, will attend Bar Hill Library to assist with family history research between 10am and 4pm on Monday 17th November 2014.

BAR HILL BRANCH – ROYAL BRITISH LEGION –

On Wednesday 3rd November at 10am, we are holding a short Dedication Service at the Memorial Garden. School children, Scouts and Guides, along with representatives of various local groups, will be there. Why not join us?

The Remembrance Service this year will be on Sunday 9th November at the Church. We will parade to the Church, leaving the Mall at 9.40am for the start of the Service at 10am.

Poppy Collections at Tesco will start on the 1st November.

Mary Shubotham, Hon. Sec. 01954 781553.

BAR HILL COMMUNITY FIRST RESPONDERS...

...have been around for a whole year now and have responded to our community many times.

We have a new call sign as NZ412 and are soon to be expanding our activities to come to 2 year old children in very serious conditions and also use a wider variety of oxygen therapies for people with breathing difficulties and conditions.

WE NEED MORE RESPONDERS as we can only cover, at present, during office hours. If you live in Bar Hill and would like to think about helping in the evenings or at weekends we would be very pleased to talk with you.

Contact us at: barhillresponders@gmail.com; or our website: <http://barhillresponders.btck.co.uk>.

BAR HILL AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

A new Community Access Defibrillator has been installed on the Parish Council office wall. The device is available 24/7 and anyone can use it in an emergency. It can be removed from the cabinet and carried to the patient and the device even talks to you, giving easy-to-follow instructions. It has a built in safety mechanism and cannot harm anyone if used incorrectly. Using a defibrillator before an ambulance arrives could mean saving a life.

The Parish Council would like to offer their thanks to the East of England Ambulance Service and David Whitehouse for allowing this village to have this life saving equipment, whilst we hope it is never needed it will be comforting for the residents of Bar Hill to know that there is a defibrillator available 24 hours a day to help a heart attack victim before the arrival of a paramedic.

More information and pictures are on the Village website: www.barhill.org.uk.

DOES ANYBODY HAVE A CASSETTE PLAYER AND A LOVE OF CLASSICAL MUSIC?

I have a lot of opera tapes, including box sets with libretti, mostly Mozart, Verdi and Puccini. Many other classical tapes including compilations. Happy to give away if someone can use them.

Tel: 07946 165894

CHURCH MATTERS

BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on Elijah, as well as deeper insights in to the topics of prayer and worship. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton – Small Groups Coordinator

YOUNG PEOPLE GROUPS

Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held from 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

THE COFFEE STOP...



...takes place every Wednesday from 10am–12 noon at the Library. Coffee, tea and biscuits are served.

An opportunity to meet old friends – and new – for a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone.

We look forward to seeing you!

BAR HILL FOOD BANK DROP-OFF

Did you know there are currently 13 million people in the UK living below poverty level? Cambridgeshire may appear wealthy, but local food banks, part of the UK-wide Trussell Trust, have seen a massive increase in demand in the five years since their introduction. Food banks were developed to give local people three days' worth of emergency food at times of urgent need. Bar Hill Church has a drop-off box for donations in the main church foyer. If you'd like to contribute tinned, dried or non-perishable food, the Church is open on Mondays, Wednesdays and Fridays from 0930–1230.

We have lists of suitable foods on the church notice board, or you can get more information at cambridgecity.foodbank.org.uk.

CHURCH MATTERS

KNIT AND NATTER...

...is on Thursday afternoons from around 1.15–3.15pm in the Octagon. We are a friendly and active group that makes a lot of things including hats, scarves and mittens for "Operation Christmas Child" shoe boxes. By joining us, you will meet new friends as well as provide support to organisations that need voluntary help.

We have several outings a year, occasional lunches, coffee mornings, a Garden Party in August and a Christmas lunch.

You don't have to be able to knit; you are very welcome to come and "natter" and enjoy a sociable afternoon. For further information contact Sue Kenchington on 01954 780260.

Everyone is welcome of any faith, or none.

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month.

Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

REMEMBRANCE DAY SERVICE

Sunday 9th November at 10am – All are Welcome. There will be a small display of World War 1 memorabilia at the service. If anyone has items their family would be willing to lend for display for that morning only, please contact Jan Hewins on 01954 201495; jan.hewins@ntlworld.com.



BAR HILL ECUMENICAL CHURCH SERVICES FOR NOVEMBER 2014

EVERYONE IS WELCOME

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. Our website gives lots of information about what's happening in Church: barhillchurch.org.uk.

- | | |
|-------------|--|
| Sunday 2nd | 10am Holy Communion with Café Church for Young People
6.30pm Evening Worship |
| Sunday 9th | 8am Holy Communion
10am Remembrance Day Service with Kidz Club for children
6.30pm Youth Service |
| Sunday 16th | 10am Holy Communion with Café Church for young People
6.30pm Evening worship |
| Sunday 23rd | 10am All Age worship
6.30pm Holy Communion |
| Weds. 26th | 10am Midweek Communion |
| Sunday 30th | 10am Holy Communion for 1st Sunday in Advent with Café Church for Young People |

Contact: Church Centre Manager: 01954 206120; office hours Mon., Weds. and Fri. 0930–1230.

There is a Roman Catholic Mass every Saturday at 6 pm.

BAR HILL CHURCH ECO GROUP...

...meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Recent events have included a visit to Amey Cespa, a talk from the Director of LiveSimply, followed by a frugal lunch, and a range of workshops with an Eco theme. Future events include an Eco walk on Sunday 21st September, beginning at the Church at 3pm. New members – from the congregation or the village – are always welcome. Further details, including meeting dates, may be found on the church website – www.barhillchurch.org.uk.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming Tel: 01223 350787

Deacon: Revd Robert Joyce

Local contact: Bunty Waters Tel: 01954 201421

Monday, Wednesday, Thursday, Friday 8am and 12.15pm

Tuesday 8am and 7.30pm

Saturday 6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday – copies are also available in the Church Centre.

ROCK SOLID...

...is a midweek club for primary school age children, every Thursday evening in the Octagon Meeting Rooms from 6.00–7.15pm in term time only.

We have great fun with songs, news time, bible story time, craft and games, stopping for a quick break for drink and a biscuit half way through!

We have a few places available. If you would like your child to come along please contact Adrienne Sharman on 01954 780874 or Claire Thorby on 01954 781527; claire_thorby@tiscali.co.uk.

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During the week we have the following groups and clubs:

Monday	Helene Jones Dance	4.00–8.15pm
	(school term time only)	
Tuesday	Shotokan Karate	5.45–8.00pm
Tuesday	Danielle (Boot Camp)	8.00–9.00pm
Wednesday	Helen Jones (Dance)	4.00–6.45pm
Wednesday	Zumba	7.00–8.00pm
Wednesday	Pilates	8.00–9.00pm
Thursday	Pilates (term time only)	10.00–11.00am
Thursday	Weightwatchers	7.00–7.50pm
Friday	Stage Starz (term time only)	5.45–6.45pm
Friday	Martial Arts	7.45–9.00pm
Saturday	Sweat and Tone	8.00–9.00am
Sunday	Bingo (doors open 7pm)	7.30–9.30pm

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours Monday–Friday; or e-mail barhill.villagehall@btconnect.com.

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BAR HILL SPORTS AND SOCIAL CLUB



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on

Facebook, at Barhillsports.Socialclub.

What's on in November?

Sat. 1 Nov. Kids' Halloween Party and Play Your Cards Right

Sat. 15 Nov. Play Your Cards Right

Mon. 24 Nov. Mini Monthly Quiz

Sat. 29 Nov. Play Your Cards Right

Looking Ahead...

Sat. 13 Dec. Play Your Cards Right

Fri. 19 Dec. Christmas Raffle

Mon. 22 Dec. Christmas Quiz

Wed. 24 Dec. Christmas Eve Disco

Sat. 27 Dec. Play Your Cards Right – must be played until won!

Mon. 28 to 30 Dec. & 1 Jan. – nightly members draw

Wed. 31 Dec. New Year's Eve Disco.

Saturday Teams Home Games – kick-off 1400

Sat. 1 Nov. Bar Hill Saturday v Milton Reserves

Sat. 8 Nov. Bar Hill Saturday v Chatteris Town Reserves

Sat. 15 Nov. Bar Hill Saturday Reserves v The Eagle

Sat. 22 Nov. Bar Hill Saturday Reserves v Burwell Swift Reserves

Bar Hill Ladies Football Team

Sun. 2 Nov. Bar Hill v Milton Keynes Dons LFC – kick-off 1300, FA CUP 3rd Round

Sun. 30 Nov. Bar Hill v Ipswich Wanderers – kick-off 1400.

Christmas Draw

The Christmas Draw will be held on Friday 19th December – get buying those tickets for a chance to win the top prize of £500 cash! Also holding members draws nightly from Monday 28th to Wednesday 30th December and on Thursday 1st January – £50 per night prize, will roll over if not won, but must go on 1st January.

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look round. Please ask the bar staff for a membership form. See our website for opening times. The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881 (BHSSC)

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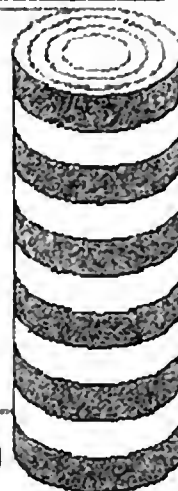


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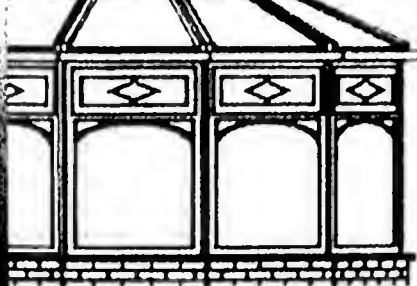
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With your help, we are making the Rosie a more comfortable environment for mothers and babies. Follow us on the Rosie in Stitches Facebook page.

This autumn... we have a small display at the Tea Bar, Outpatient Department, Rosie Hospital at Addenbrooke's.

Our next stalls will be:

Bar Hill Community Market on 1st November 10.30am to 2pm.

There will be a large stall at Addenbrooke's Outpatients selling the full range of children's clothes plus popular toys and gifts for all ages.

Cambourne Business Park Christmas Market 10th December 12noon to 2pm selling toys and gifts for Christmas. The organisers have arranged for the Salvation Army to provide some festive music.

We have discounted items for sale in our eBay Charity Store RosieInStitches2010. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk. If you have any spare polyester toy stuffing or yarn we are in urgent need of your donation.

There are links to affiliate stores on our website where we will get a donation. To support Friends of the Rosie Hospital, Cambridge, England, visit www.easyfundraising.org.uk/causes/forh and follow the instructions.

You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk>. There are competitions to enter on the Easyfundraising blog. If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares, please contact a member of the committee. Details are on our website.

Thanks to for all your support.

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Flu Clinic - if you're an eligible patient and missed our Flu Clinic on 18th October, please contact the surgery to arrange an appointment for your flu jab.

Shingles - shingles vaccinations will be available for all patients who were aged 70, 78 and 79 on 1st September 2014. Eligible patients will be contacted by the Surgery.

Free NHS Health Checks - if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book your check with the Nurse now.

New Patients - we are currently accepting new patients. Visit the Surgery to complete registration forms.

Congratulations to Dr Irwin who has had a baby girl. Mum and baby are both well.

Electronic Prescriptions - the Surgery will commence using the Electronic Prescription Service at the end of November. We encourage patients to contact their local pharmacy to complete a pharmacy nomination form which will advise us which pharmacy you would like your repeat prescription sent to once EPS is in use.

Online Appointments and Repeat Prescription Requests - Registered patients can now book GP appointments and order repeat medications on the Surgery website www.mhmaple.co.uk. Please call in to the Surgery with one piece of photo ID to obtain your username and password.

Repeat Prescriptions - please do remember to allow two clear working days for your repeat prescription request to be processed. For your own safety we are unable to accept repeat prescription requests over the telephone. You may order repeat medications on our website (see above), via our dedicated email maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box located on the wall in the front entry foyer of the Surgery. When the Surgery is closed please post your repeat request through the gap in the front door.

Contact Details - it is very important that we have up-to-date details on your record so we can contact you easily. Please take a moment to call or drop in to the Surgery to check that we have your correct home address, landline and mobile numbers and e-mail address.

Regards, *The Maple Surgery Team*

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BAR HILL CHILDMINDERS



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a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

Childminders with current vacancies

Kirsty	07584 168909 (school aged children)
Melanie	01954 204496 (0-5 year-olds)
Kirsten G	01954 200228
Kirsten C	01954 202228
Terri	07846 018714

'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45-11.15 am in the Octagon (term time only)



£2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.



GIRLGUIDING IN BAR HILL

1st Bar Hill Rainbows are currently working towards an Autumn Challenge badge, by taking part in a variety of autumn based crafts and games. We welcomed some new girls in September and they will soon be enrolled at their special promise ceremony. Coming up after half term is a Rainbows 'pyjama party', and we will also be thinking about Remembrance Day, attending the annual service on 9th November.

Girlguiding units currently meet weekly in Bar Hill: Rainbows (age 5-7) Monday and Wednesday, Brownies (age 7-10) Tuesday and Wednesday, Guides (age 10-14) Wednesday, and Senior Section (14+) meet monthly.

If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to www.girlguiding.org.uk/interested. For more information about local girlguiding, please phone 01954 203322 or email Di Gunton, Bar Hill District Commissioner, at di@theguntons.com.

...interesting...

'upper case' and 'lower case' letters are named as such because at a time when all original print was set in individual letters, the 'upper case' letters were stored in a case on top of the one storing the smaller, 'lower case' letters.

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Flu vaccination – is recommended and is free under the NHS to all people of 65 years and over, pregnant women, and to those of any age with a long term medical conditions. Please ring to make an appointment.

Private flu vaccinations for those who are not in the above categories are available at a cost of £10. Please ask in pharmacy.

Flu vaccines for children – the campaign to reduce flu in the community by vaccinating healthy children continues this winter. Children born between 2/9/09 and 1/9/12 inclusive can receive a flu vaccination, given in the form of a nasal spray (not an injection). These should be available in October.

The Shingles Vaccination Rolling Programme is also continuing this autumn. There are strict eligibility criteria and the vaccines are available free this year only to patients born between 2/9/34 and 1/9/36 and between 2/9/43 and 1/9/44. Please ring for an appointment.

If you notice blood in your pee, even if it's "just the once", tell your doctor.

Carers – our practice is dedicated to helping those who help and provide care for others. Over the last few months we have held four Carers Support Meetings where we have had informal chats with refreshments. Tracey from the Village Benefits Advice Service has attended to help with financial problems, and Leslie from the Carers Trust Cambridgeshire has been very helpful advising carers on the help and support available to them. Our next meetings at Willingham Surgery are on Wednesday 5th November and Wednesday 10th December. All meetings are from 2.00-4.30pm at Willingham surgery. If you are a Carer do come along and join us. For more information phone Karen at the surgery.

Missed appointments in September: GP = 54 and Nurse = 74 appointments. Please remember to let us know if you no longer need an appointment so that others may benefit. Don't forget that you can book and cancel appointments on line so just ask reception how you can register for this service.

Counselling – sadly we are no longer able to fund a free counselling service from the practice income due to NHS budgets cuts. Julia Hall will continue to provide counselling services from a room at the surgery but these will now be on a negotiated fee basis.

Cynthia Bidwell, Practice Manager

8 O'CLOCK CLUB

The 8 o'clock Club is an independent women's group who meet in the school at 8pm on the first Thursday of each month during term time.

Our programme for the following term is:

6 November – Linda Scoles – God Rest Ye Merry?

4 December – Christmas meal.

If you would like to give us a try please come along to one of our meetings, or phone Barbara on 01954 204171, Adela 01954 204265 or Ann 01954 204687.

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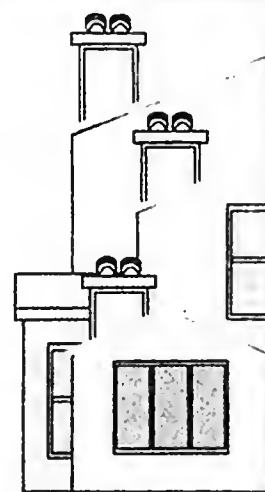
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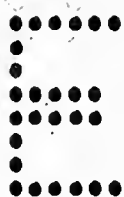
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NOVEMBER REPORT FROM COUNTY COUNCILLOR JOHN REYNOLDS

Residents receive their cash back

A number of Cambridgeshire residents received money back last month after unwittingly responding to scam mail. As part of follow up work Cambridgeshire County Council reminds us that scam mail can take many forms. Letters are designed to look official or to befriend in order to con victims out of money.

Residents should seek help if they have fallen victim to a scam. Don't be embarrassed – scammers can be very devious. We want to stop the cycle – if people respond to a scam their personal details could be shared with other criminals, making it more likely that more scam mail will be received.

To report a scam, contact Trading Standards via the Citizens Advice Consumer Helpline on 03454 040506; Action Fraud on 0300 123 2040 or visit www.actionfraud.police.uk.

Low income family? Don't forget to apply for free school meals

From the start of this term, all Reception, Year 1 and Year 2 pupils in England receive free school meals for the first time. But every primary school child whose family applies on the grounds of low income secures an additional £1,300 of funding – the Pupil Premium.

Parents and carers can apply by calling 01223 703200, or online at www.cambridgeshire.gov.uk/freeschoolmeals.

Change in free childcare eligibility

A change in national criteria means more 2-year-olds in Cambridgeshire are eligible for free childcare.

Eligibility includes children who:

- are in receipt of Disability Living Allowance;
- have a statement of Special Educational Needs or Education, Health and Care (EHC) Plan
- are working with Early Support and have complex needs requiring ongoing specialist support.

Cambridgeshire County Council already includes families in receipt of Working Tax Credit – who previously were not entitled – as long as household income is still less than £16,190.

In Cambridgeshire, around 26% of two-year-olds will be eligible for free childcare, supporting development – and ultimately school readiness and achievement – of these children.

Free childcare will also help ease financial pressures for parents, giving them time to look for work, take up training or work more hours. The hours can be taken as 15 hours a week during school term time. In some childcare settings the free hours can be spread more evenly throughout the year – fewer hours a week over more weeks, up to a maximum of 570 hours a year.

As your County Councillor I welcome hearing your point of view on issues that affect our community. Contact me by email at j.e.reynolds@ntlworld.com.

John Reynolds

4 Hollytrees, Bar Hill, CB23 8SF; tel: 01954 200571

NEIGHBOURHOOD WATCH

Warning! There is a new type of burglar around.

This one won't enter your property by a door or window but through your telephone, computer, smart phone etc.

There are many different types of cybercrime and due to its rapid growth Cambridgeshire police have recently been issuing specific advice for parents, young people and businesses at www.cambs.police.uk/GetCloser/Cybercrime/, but basic advice for everyone includes:

- never divulge pin numbers, passwords etc. online or over the phone;
- beware of opening email attachments unless you are sure of the source e.g. about prize notifications, or items you have supposedly bought and been charged for. Opening the attachment for more information spreads a virus which may access your personal information or data. Other spam emails state the victim is lost or hurt abroad and requires urgent funds;
- spam phone calls ask you to ring back but you should never dial a number you have not verified independently. It could be a premium rate number or answered by someone pretending to be a bank employee etc.

What else can we do? Neighbourhood Watch has traditionally been about getting to know your neighbours face to face and keeping your eyes open for anything suspicious in your area. While Cybercrime may not have an obvious presence on the streets, like burglars or bogus callers, we can still help to protect each other from becoming victims of fraud by sharing information with our family, friends and communities. In particular, please keep an eye on elderly or vulnerable people who may become targets.

Lastly, if you've been the victim of a fraud or scam, or know someone who has, please report it to Action Fraud on www.actionfraud.police.uk, or 0300 123 2040. In that way it might help prevent others becoming victims.

Pam Vandy

NHW Village Co-ordinator, 01954 201001;
nhwinbarhill@yahoo.co.uk

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– SWAVESEY RADSOC PRESENTS "CINDERELLA" – *would you like to be in it?*

RADSOC's pantomime for 2015 is "Cinderella" and will be performed at Swavesey Village College on 23–25 January. If you've ever thought you'd like to be in a pantomime, now's your chance! We'd be delighted to hear from anyone who'd like to be in the chorus. All ages are welcome! We rehearse twice a week, on Monday and Wednesday evenings, plus a few Saturday mornings, in Swavesey and Bar Hill. Or maybe you'd like to help backstage, or with the technical crew, or front of house? Whatever you'd like to do, RADSOC is a friendly group and you'd be made to feel very welcome. Please contact the producer, Chris Avery, on 01954 781233, or e-mail secretary@swaveseyradsoc.org for more information.



Bar Hill Pre-School

Registered Charity No. 1070715
<http://www.barhillpreschool.co.uk>

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children. We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk. Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

BAR HILL COMMUNITY CAR SCHEME

We are delighted to report that the Car Scheme is now fully operational and the volunteer drivers have made journeys mostly to local hospitals, helping Bar Hill residents who had no other means of getting there.

If you are unable to drive and would struggle to get to a medical appointment using public transport, please contact the coordinator who will arrange for one of the volunteer drivers to take you to and from your appointment. Our drivers are fully insured and police checked, and it will only cost you 30p per mile with a minimum charge of £3.00 per journey.

If you wish to book a journey, please contact the Car Scheme Coordinator on 07542 194033.

As demand is growing, we are seeking to recruit additional volunteer drivers. If you are able occasionally to take someone to the doctors' surgery or local hospital and can spare an hour or two now and then, we would love to hear from you.

If you would like to find out more about becoming a volunteer, please contact: Jane Johannessen, Community Development Officer, Care Network Cambridgeshire. T: 01954 211919; E: jane.j@care-network.org.uk.

DISTRICT COUNCILLOR REPORT NOVEMBER 2014

Waste collection – In a bid to cut £700,000 within three years, plans to move to a shared waste service for Cambridge and surrounding villages have been announced. Savings will also come from restructuring bin collections across the district and city border. Cambridge City Council's team will relocate to SCDC's depot in Waterbeach. This will help councils respond to housing growth across the area. Waste and recycling collections currently cost around £5.2 million. Councils will divide equally money saved to help meet savings required following reductions to government grant funding.

Further Share Services – the next steps in plans for Huntingdonshire District, SCDC and Cambridge City councils to save hundreds of thousands of pounds by sharing ICT and legal services have been announced. The three councils currently spend over £6 million a year on ICT. An expected saving of almost £1 million will help to meet the demands of reduced funding. A further saving in excess of £250,000 is expected by joining up legal teams. Both shared services are expected to be in place in April next year. To help the councils transform services, £500,000 of government funding has been secured.

Sports' Grants – grants of up to £2,000 are available to support athletes at all stages of their sporting careers, whether they are competing regionally, making steady progress at national level or representing GB in world class events. Since 2009, over 80 young talented sports performers have been awarded more than £56,000 to support their sporting dreams.

Fly Tipping – two men have been fined almost £2,000 after being convicted of fly tipping. District Council enforcement officers traced the pair after a member of the public witnessed them drive down a byway near Earith Lock.

The City Deal – the Greater Cambridge City Deal is moving to reality as councillors start to discuss the transport schemes which could be prioritised with new government funding. The possible schemes have already been backed by public consultation. The transport strategy needed to support 44,000 new jobs and 33,000 new homes planned for Cambridge and South Cambridgeshire to 2031. As long as certain conditions are met, further tranches of Government funding, potentially totalling up to £400m, will be available.

Finally – Roger has been re-selected to be a candidate in next year's District Council election for the Bar Hill ward.

If you need help, assistance or further information, do please get in touch.

Roger Hall

11 Almond Grove,
Bar Hill CB23 8DU

01954 780304

07946 415244

roger.hall90@ntlworld.com

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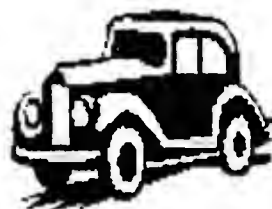


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**– CAMBRIDGESHIRE COUNTY COUNCIL –
BEWARE OF COPYCAT WEBSITES**

Trading Standards Officers are urging residents to beware of copycat websites imitating official government services online. These are designed to trick you into parting with your cash unnecessarily by charging for services that are provided cheaper or for free through official government channels. Ordering new passports, booking driving tests and renewing your car tax are some of the ways that people are unwittingly being left out-of-pocket by shrewd fraudsters.

Copycat websites tend to use similar design features to replicate the look and feel of official service websites and often use URLs that include fragments such as 'govuk', 'directgov' or relevant organisation names to make them appear as official providers of certain services.

The best way you can avoid being duped is to use GOV.UK (www.gov.uk). It is the easiest and most secure place to find government services and information online. Look for the service you require via the search function there, then you'll know you're on the official site.

National Trading Standards is issuing advice for consumers to beat the cyber con-artists. To report a misleading or copycat website, call the Citizens Advice consumer service on 03454 04 05 06.

**COMMISSIONER URGES DRIVERS TO
"BELT-UP"**

Cambridgeshire's Police and Crime Commissioner Sir Graham Bright is backing a campaign to encourage car users to wear seatbelts.

The campaign is part of a Europe-wide blitz on seatbelts. European research suggests that about 50% of car occupants that die in fatal accidents in the EU could have survived had they been wearing their seat belt.

Sir Graham said: "Road safety is one of the biggest concerns the public raises with me. The chance of serious injury is greatly increased if you are not wearing a seat belt and can have long term consequences for both the injured and their families. Please belt-up and make sure those in the car with you do likewise."

Cambridgeshire Constabulary are targeting those who don't wear seatbelts and raising awareness of the dangers of not belting up.

Officers from the Roads Policing Unit will be carrying out regular patrols targeting those flouting the law in relation to wearing a seatbelt. The campaign is not just about fining people for breaking the law, it's also about giving them valuable advice which could save their life. Those caught not using the life-saving device can be fined up to £500.

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A&D Medical digital blood pressure monitor.
Accuracy was checked at the Health Centre on
15th October 2014. Surplus to requirements.

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– PCSO –

There has been an increase in dwelling burglaries in South Cambs, but none in Bar Hill in the last month. Please be mindful, however, and make sure your property is secure when you are out.

General crime update:

On 8th October, a theft took place at Tesco Bar Hill. A shopper filled a trolley with goods to value of £685 and attempted to leave the store without paying. Suspect was caught and dealt with.

Between 17th–18th September, an unsuccessful break-in was attempted at Whale of a Time, Viking Way.

I have been carrying out high visibility patrols, including Bar Hill Skate Park and the wooded areas. All has been in order.

Kind Regards

PCSO *Bujar Mani*

Histon Safer Neighbourhood Team

**CAMBRIDGE CITIZENS ADVICE BUREAU
CONSUMER HUB
– SILENT CALL SCAM –**

Members of the public have been receiving a number of silent calls followed by a phone call from a company offering to prevent silent calls for a fee. The company are the ones making the silent calls in the first place and are tricking people into making unnecessary payments. Most other silent calls, apart from these fraudulent ones, are generated from call centres, as they use automated dialling systems that dial more people than their agents are able to speak to.

Reduce the number of unsolicited marketing calls, including silent calls from call centres, by registering with the Telephone Preference Service: <http://www.tpsonline.org.uk>, which is free. This will not however stop fraudulent calls so you need to keep vigilant.

BAR HILL BABY AND TODDLER GROUP...

... is held on Wednesday and Friday 9.45–11.15 am at the Octagon. This is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under 1's – £1.00 (or FREE when paying for a sibling over 1); Over 1's – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

MASSAGES FOR SALE!

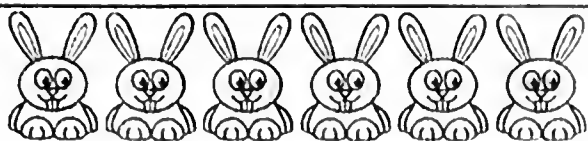
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The Works – Willingham: £20 and £25 for any treatments;

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Profile Clinic – Newmarket Road, Cambridge: £20 (Groupon value £45).

Please contact Sarah Adams:

sadams@chesterton.cambs.sch.uk.



- LITTLE BUNNIES SENSORY SESSIONS -

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...did you know...

Throughout his life, Lord Horatio Nelson was never able to find a cure for his sea-sickness?

POLICE PANEL MEETING

I attended the Police Panel meeting on 15th October. We were informed that crime is slightly up. However, the police made the point that if you don't want to be burgled, get an alarm. Find Police Crime in your village by going to Police.uk, put in your post code, see what comes up. Good contact information.

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- BAR HILL FOOTBALL PROJECT - CHAIRPERSON VACANCY

Do you have a passion for football and an interest in promoting sport in Bar Hill? Then you could be the right person to offer some leadership for the Bar Hill Football Project Committee, who manage the floodlit astro turf pitch in the village.

The chairperson's role would be to attend four committee meetings a year and help deliver our sports development plan. The role would suit someone who has an interest in sport in Bar Hill, a current or retired player or someone studying for a sports qualification. For further information contact Paul Thorby on 01954 781527 or paul_thorby@tiscali.co.uk.

- BAR HILL COLTS FOOTBALL CLUB NEWS - FOCUS ON THE BAR HILL RAVENS U14 TEAM

This month we focus on our Bar Hill Ravens team, now the most senior Colts team in Bar Hill.

Match Report: Bar Hill Ravens 3-3 Waterbeach Colts
The Ravens opened the season with an enthralling draw against Waterbeach at home on 21st September. On a bright sunny morning both teams really contributed to an exciting spectacle. Bar Hill took a while to settle and found themselves 3-2 down at half time with 2 goals from Harry Sargent.

After the break the Ravens began to grow in confidence and started to dominate possession with a string of attempts at goal. It was getting a little tense and with a few minutes remaining Bar Hill were awarded a corner. Ali Rees delivered a superb cross which was met on the head by Sargent to seal his hat trick and a worthy draw for the home side. The blues could have sealed all 3 points in the final minutes but the Waterbeach goalie was in fine form.

In the end, a draw was a fair result and an encouraging start to the new campaign this season. Well done Ravens.

Why not get involved with supporting the Bar Hill Colts? Our Colts teams range from Under 7s through to Under 14s and involve over a hundred local children who are enjoying learning to play football. Please show your support on Saturday mornings by cheering on our local teams on the village green.

We are looking for volunteers to get involved to help to run the club. It is very rewarding to see the children playing on Saturday mornings and training throughout the week, knowing you've contributed to that. You're never too old to get involved in football, so if you would like to find out more please contact us:
www.barhillcolts.co.uk.

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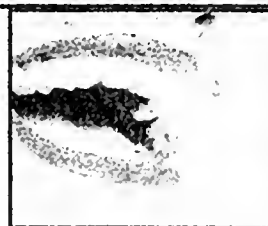
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exemption (eg. Income support, pension
credit, pregnant etc) as NHS patients**

**NOT TOO NEAR, NOT TOO FAR
FOR INDEPENDENT FINANCIAL ADVICE**

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority



Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!

Call **Green Heat** your local trusted and recommended heating installer - better value than British Gas according to The Times.

Special offers for 2014

Green Heat Ltd
The Heating Experts

Logos: benchmark, HHC, energy saving trust, KEEP TRADE LOGS, WORCESTER

L.F. Dean & Sons

Motor Body Specialists



01223 233250 (evenings 01954 782247)



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***All makes repaired**

*** Welding**

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***Low-bake oven**

Non-fault accident service

Free estimates

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LJS AUTOS

- * Quality used car sales - from £500—£5,000
- * Petrol & diesel / big & small / warranties available
- * Cars bought for cash
- * Nationwide vehicle collection & delivery
- * Breakdown recovery service

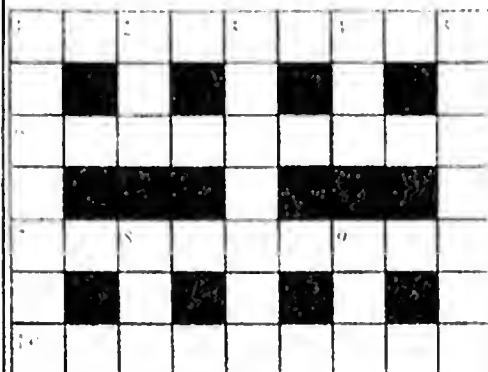


Contact Lee Shrimpton on 07790681317 or 01954 231996

NOVEMBER CROSSWORD

Across 1. type of bitters from Spain 6. of a North Atlantic nation 8. surpasses 10. estranged

Down: 1. where Phoenix is the capital 2. category of UK school exam 3. basic (accommodation etc) 4. and German 5. blamed 8. --- chi 9. short for first



SOLUTION FOR OCTOBER

Across 1. Haddenham. 6. Ruddigore 7. earthwork 10. treatment.

Down 1. harvest 2. dud 3. epithet 4. Hoo 5. meerkat 8. rye 9. one.

NOVEMBER

BIN COLLECTION DATES

Wednesday 5th blue and green bins
Wednesday 12th black bins
Wednesday 19th blue and green bins
Wednesday 26th black bins

THE ALLOTMENT SOCIETY



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot

allocator, on 07788 590348 to be put on the waiting list.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

NOVEMBER BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

FIREWORKS and bonfires can be plenty of fun for all the family to enjoy. The fire service recommends going to an organised firework display instead of holding one at home. However if you do use fireworks or light a bonfire at home, we would ask residents to take on board our safety advice to ensure it is only the fireworks that go off with a bang:

- Keep fireworks in a closed box and always follow the instructions.
- Light them at arm's length using a taper, and stand well back.
- Never go back to a lit firework.
- Never put fireworks in your pocket or throw them.
- Don't light bonfires in unsuitable weather, particularly in windy conditions.
- Don't leave bonfires unattended.
- Build bonfires well clear of buildings, fences and hedge.
- Never use flammable liquids to start the fire, and never burn dangerous rubbish such as aerosols, paint, foam furniture, rubber tyres, and batteries.
- Before you light the bonfire, check that children and animals are not hiding inside and are a safe distance away.

Like our fan page on Facebook: www.facebook.com/cambsfrs, follow us on Twitter @cambsfrs and Instagram.

South Cambridgeshire District Council

- BIN COLLECTION DATES THIS CHRISTMAS -

Please make an early note of Christmas bin collection dates for Bar Hill:

Wed. 17th December: blue and green bins; Wed. 24th December: black bins; Wed. 7th January: blue and green bins. Please ensure your bins are out by 6am on these dates.

You can recycle Christmas cards and wrapping paper in the blue bin. Excess blue bin material can be placed alongside the bin in a returnable container or cardboard box. Leftover food (cooked and raw) and real Christmas trees (cut up) can be composted in the green bin. Excess black bin waste will be collected if placed alongside the bin on the first scheduled black bin collection after the New Year only.

Green bin collections will move to monthly during December 2014, January and February 2015 only when far less garden waste is put out by residents. Fortnightly collections remain for the rest of the year.

For more information and to see the collection calendar, visit www.scambs.gov.uk/bin-changes, see the latest edition of the South Cambs Magazine, or tel: 03450 450063.

NOVEMBER PUZZLE

Form nine, nine letter words relating to education, in alphabetical order.

A	S	S	G	Y	M	R	A	R			S				A		
A	T	E	I	A	L	R	E	G			R				I		
A	T	E	I	O	N	S	A	R			A				A		
B	U	R	I	S	T	S	O	R			T				I		
C	L	A	I	U	M	S	S	M			M				I		
D	E	T	M	E	S	S	T	A			O				S		
E	N	T	N	A	S	T	E	M			G				R		
E	N	T	O	C	I	T	E	R			A				E		
F	E	S	P	R	O	T	R	I			I				T		

Solution for October: AFTERNOON, CHRISTMAS, FORTNIGHT, HONEYMOON, MARTINMAS, OVERNIGHT, QUARTERLY, TIMETABLE, YESTERDAY



RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings, which are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:
4th November;
2nd December.

– Events Calendar –

date	event	where	time
1 November	Bar Hill Community Market (<i>front page</i>)	Octagon	10.30am–2pm
1 November	Jumble Sale & Mini-Auction – CANCELLED till Spring 2015 (<i>front page</i>)		
6 November	NWR – School's Out for Summer (<i>page 3</i>)	Venue: Marie-The's	8pm
6 November	8 O'Clock Club – God Rest Ye Merry? (<i>page 16</i>)	Bar Hill School	8pm
8 November	Quiz Night for Elizabeth Coteman Fund (<i>page 3</i>)	Social Club	6.30pm
13 November	NWR – Treasure Trail – members only (<i>page 3</i>)	Venue: DI's	8pm
15 November	Cambridge Concert Orchestra (<i>page 6</i>)	Church	7.30pm
20 November	NWR – World War One (<i>page 3</i>)	Venue: Heather's	8pm
22 November	Christmas Crafts (<i>front page</i>)	Octagon	10.30am–2pm
24 November	Mini Monthly Quiz	Social Club	7.30pm
29 November	Bar Hill Conservatives Pre-Christmas Lunch (<i>front</i>)	Dry Drayton Village Hall	12.30pm
4 December	NWR – Sweet 16! (<i>page 3</i>)	Venue: Kaye's	8pm
5 December	Bar Hill International Ladies Group (<i>front page</i>)		7.30pm
6 December	Bar Hill Community Christmas Market (<i>front page</i>)	Octagon	10.30am–2pm
12 December	Christmas Fayre – Over Day Centre (<i>front page</i>)	Over Day Centre	from 2pm
13 December	Knit And Natter Christmas Coffee Morning (<i>front</i>)	Octagon	10.00am–1200md

– VACANCY –

Self-employed part time target sales assistant required.
Up to 3 hours per week at £7–£15 per hour based on achieving sales target.
Applicants should have a positive, friendly attitude with good phone manner and a well-organised mind-set. e-mail lordconrads@gmail.com.

INDEPENDENT LIVING FUND (ILF) CLOSURE, JUNE 2015

The Independent Living Fund (ILF) aims to support long term, independent living for severely disabled people by helping them to live at home instead of in residential care. In March 2014, the Government announced that it will be closing on 30th June 2015 when the County Council will take over responsibility for meeting the eligible care and support needs of ILF users. The County Council and ILF are working closely together to make sure the transfer of responsibility for funding arrangements takes place as smoothly as possible. The ILF website www.dwp.gov.uk/ilf includes more information about the programme's closure, or you can phone the County Council's Customer Services on 0345 045 5202 with any questions. The ILF is no longer accepting any new applications.

OVER DAY CENTRE – HOME HELP SERVICE –

If you need assistance with housework, laundry, general tidying, bed making, food preparation, shopping, medication or outings, contact Danny Dews, Head of Care.
E: danny.dews@btconnect.com; T: 01954 231807.
Registered Charity No. 800829.

FOR SALE

Wine Making Equipment

Fruit press, demi-johns, corks, air locks, wine heater, hoses, two fermenting containers, and books. £20.
Tel: 01954 782877

SHOPPING SERVICE...

...is for Cambridgeshire residents aged over 60 who are unable to, or may have difficulty in doing their shopping. Many supermarkets offer online shopping, but unless you have a computer you cannot take advantage of this.

Phone your order to our Shopping Service and we will make the arrangements and deliver to your home. There is no commitment to shop every week.

Age UK Cambridgeshire makes no charge for this service but supermarket charges for delivery vary.

Enquires and orders can be taken from Monday to Friday between 9am–12.30pm on 01354 696650.
Registered charity number: 1107589

...did you know...

The average human body contains 100,000 miles of blood vessels, enough to travel round the circumference of the Earth more than four times?

WALKING – HERE ARE SOME FACTS.

Walking is an excellent form of exercise. We are very fortunate in this area – it has relatively few hills and a vast network of footpaths, cycle paths and bridle ways.
Regular walking can strengthen your heart, your bones and your muscles.

Walking can reduce the risk of coronary heart disease, stroke, diabetes, high blood pressure, bowel cancer, Alzheimer's disease, osteoporosis, arthritis, anxiety and stress.

Walking improves your mood and helps combat depression.

Walking can improve your confidence, stamina, energy, weight control and life expectancy.

So why not join the Comberton Ramblers Group? Our Autumn Walking Programme 2014 starts on 14th September.

For further details please see our webpage: www.combertonramblers.org.uk; or contact Stella stella.ramblers@hotmail.com.